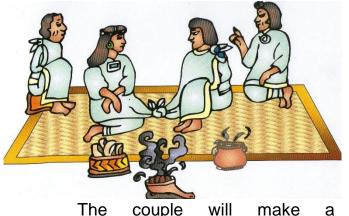
## CEREMONIA DE AMARRE DE TILMA Y HUIPIL

## PRE HISPANIC WEDDING

El "Amarre de Tilma y Huipil" is the prehispanic wedding ceremony.



The couple will make a commitment between them and with the nature that surrounds them.

During the ceremony you will find traditional elements from the pre hispanic cultures. The woman will wear a *hupil* and the man will wear a *tilma*.







Before the ceremony is recommended to do a *Temazcal*, pre - hispanic sauna, is a purifying ceremony.

Some elements for the ceremony:

- > White flowers for her
- White headband for both.
- Un petate (yute mat)
- One pot with four tamales
- Cacao grains
- Healing plants

